



**FARNBOROUGH &
CAMBERLEY C.C.**

HAPPY NEW YEAR!

Weekly Newsletter – 5 January 2017

Hi Everyone

Welcome to the first newsletter of 2017.

NEW MEMBERS

A very warm welcome to Peter Taylor who has joined the club.

AGM

Members should have received details of the AGM to be held on Friday 3 February. Details can be found on the website with this link:

<http://www.fccc.org.uk/fccc-notice-of-agm-february-3rd-2017>

It's extremely important to have a fresh input of ideas to the committee. Chairman Dave Triska specifically addressed this point in his Winter Update:

“It may seem some time away as we approach Christmas but February will see the return of our annual general meeting. One of the most critical components of this meeting is the election of the coming year's committee. This group of volunteers takes care of the day-to-day running of the club, organisation of rides and drives forward to ensure that we have the best environment for both social riders and racers. In previous years we have not always had the healthiest volume of people to select from and our thoughts as we complete our own year in service is that in part this is due to the opaque nature of some of the committee business.

<http://www.fccc.org.uk/static/pdf/bf17b83aa9cc29ec175c3a6109cda89d.pdf>

In the above link you will find our own attempt to shed some light on what the positions entail and the current incumbent's thoughts on them. We've seen quite a lot of changes in personnel as we transitioned from 2015 to 2016 but thankfully a great number of committee wish to stay on. In some small way this is due to making the way that we run as a committee easier to fit around our busy lives - at the time of writing we carry out our meetings via Skype video conference calls and run a WhatsApp group for routine communications. There really should be no restriction on who can join the committee regardless of where they are or their commitments to either family or work, and even if someone feels that they cannot offer the time to take on a full committee post we would be delighted to have them on board as a



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member without portfolio, so we will be adding an agenda item for the AGM to facilitate this.”

Please have a serious think about what you might be able to contribute to the successful running of the club.

WINTER TURBO TRAINING – ZWIFT

Those struggling to get outside on the bikes might be interested in this Forum discussion on the wonders of racing with Zwift, a virtual reality cycling program you can use with your turbo trainer for training or racing.

<http://www.fccc.org.uk/forum/social-rides-forum-782/zwift-racing---a-noobs-tale-181995#post-182066>

Zwift is rapidly gaining in popularity with many of our members so if anyone would like to try and co-ordinate some racing activity post it on the Forum.

CLUB ANNUAL DINNER

It's not too late to sign up for the Club Annual Dinner on 18 February 2017 so if you haven't registered yet please do so quickly by following this link [Club Annual Dinner - RSVP](#). We need to give the venue final numbers pretty soon.



Keep an eye on your email and the website for details of the menu choices and for when and how to pay.



KIT ORDER

Bioracer have today promised to confirm the order completion date within the next 2 weeks. Unfortunately the 10 day Festive holidays have snookered us a bit but we will pass this on via the newsletter and Forum as soon as we hear.

CLUB NIGHT FRIDAY 6 JANUARY

A reminder that it's the monthly club night this Friday at All Saints Hall, Chapel Lane, Farnborough GU14 9BW, starting at 8.30pm.

SUNDAY CLUB RIDES

Club rides are back to normal this weekend after the Festive break:

- 9.30am - Gentle Paced Social Ride – 35 to 40 miles with a café stop at an average speed of 14 to 15 mph
- 9.30am - Mid Paced Social Ride – 40 to 45 miles with a café stop at an average speed of 15.0 to 16.0 mph
- 10.00am - Quick Paced Social Ride – 45 to 50 miles with a café stop at an average speed of 16.5 to 17.5 mph
- 9.30am - Fast Paced Non-Stop Ride – 50 to 65 miles at an average speed of 18.0 to 19.5 mph

As always keep an eye on the website Forum and Events pages and Facebook for details.

MIDWEEK RIDES

There is also a Wednesday Social Ride (09.30am) from Speedy's and a Chain Gang ride on Tuesday evening from the BP garage in Mytchett starting at 7.15pm.

Enthusiasm for the Chain Gang ride has waned with the onset of winter so keep an eye on the Website and Facebook page for details and post a message if you intend going.



ROAD RACING

Hillingdon (Imperial Winter Series) - The Hillingdon (Imperial Winter Series) road races continue, starting this Saturday 7 January – more details can be found by following this link: <http://www.imperialracingteam.com/events.html?>

Eelmoor Race Training - Sue McFarlane will be running the race training again at Eelmoor commencing on Saturday 21st Jan 17 @ 09:30. All members are welcome whether new to racing or not.

Surrey league race preparation dates and venues - A reminder for our road racers of the Surrey league race preparation dates and venues for CAT 4's to kick off the 2017 season:

January 7th @ Cyclopark circuit: Race Training Day

January 21st @ Cyclopark circuit: Women Only

February 11th @ Cyclopark circuit: Race Training Day

February 12th @ Hillingdon Cycle Park. Race Training Day

February 19th @ South of England Event Centre, Ardingly: Novice Racers Training Day

March 4th @ Hillingdon Cycle Circuit: Novice Racers Training Day

March 11th @ @South of England Event Centre, Ardingly: Novice Racers Training Day

FCCC is Surrey League affiliated for 2017. The membership for the Surrey league is half price @ £20, race fees are cheaper and members of the Surrey league are able to book onto races earlier than non-members. The Dunsfold series starts on the 5th May and FCCC will be there promoting two of the races.

This is a great time for any members thinking of taking up road racing to make that New Year resolution and give it a try. If you are then come and join our friendly bunch of racers and email Warren Vye at roadracing@fccc.org.uk who will point you in the right direction.

WINTER MONTHLY CLUB TT SATURDAY 14 JANUARY AT 10.00 AM

A reminder that the monthly series of club TTs continues on Saturday 14 January at 10am on the H10/8 course at Bentley on the A31. Park in the layby on the eastbound carriageway just past The Bull public house.

Details of the course can be found here <http://www.fccc.org.uk/route/view/20276/h108>



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OPEN TT EVENTS FOR 2017

CTT have just published the open events calendar for 2017 on their website (<https://www.cyclingtimetrials.org.uk/find-events>) but the TT racers among us may find it easier to download and save this excel spreadsheet of all the events from Aerocoach (<https://www.dropbox.com/sh/gl7zqaw09sxjnk/AAA2U4swqiAwm6e4bdOxKpgca?dl=0>) where you can scroll, sort and filter.

Safe riding!

Jeff Davis - FCCC Newsletter Editor

