

POSITIONING AND PASSING ON PALMER PARK TRACK

Positioning. If you are riding slower than the majority of the other riders, you should ride about 1 metre from the fence. Faster riders should not pass the slower rider on the outside i.e. between the slower rider and the fence.

The fastest riders should keep to the inside of the track on the white line.

Passing. Normal procedure is to pass slower riders below or on their inside, however, when approaching a slower group that is riding in the middle of the track around the blue line, always look back down the track to ensure the track is clear for you to pass safely. If a line is approaching on the white line, wait until they have passed before passing inside the group in front.

Riders on the white line who find their way blocked by slower rider(s) should shout "inside" – the slower rider(s) should then move higher up the track to allow the faster rider(s) through.

ALWAYS LOOK OVER YOUR RIGHT SHOULDER WHEN SWINGING OFF A LINE TO ENSURE YOU ARE NOT IMPEDING OTHER RIDERS.